

Eastern Illinois University The Keep

Health Communication Social Media Messages

Health Communication Campaign Messages

Spring 2018

Retweet to save a life (literally)

Allison Koch

Follow this and additional works at: http://thekeep.eiu.edu/healthst_undergrad_campaign_social

Recommended Citation

Koch, Allison, "Retweet to save a life (literally)" (2018). *Health Communication Social Media Messages*. 6.
http://thekeep.eiu.edu/healthst_undergrad_campaign_social/6

This Book is brought to you for free and open access by the Health Communication Campaign Messages at The Keep. It has been accepted for inclusion in Health Communication Social Media Messages by an authorized administrator of The Keep. For more information, please contact tabruns@eiu.edu.

Retweet to save a life (literally):

Fatty food clog your arteries! Choose low Trans fat foods or foods that have healthy fats such as nuts. Clogged arteries = hypertension which is the leading cause of heart disease (leading cause of death in US). #endheartdisease #choosewisefoods



Centers for Disease Control and Prevention (CDC). (2017, August 23). Heart Disease Facts. Retrieved March 20, 2018, from <https://www.cdc.gov/heartdisease/facts.htm>